

What's a Guy need to know about sex?

talk about your no-brainer

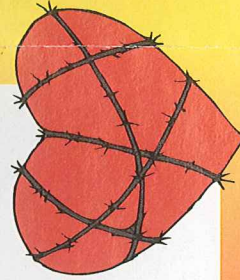
Here is something you may not know. When it comes to sex, guys and girls are wired differently from birth. As a guy, you probably think about sex a lot. When you are attracted to a girl, sex probably crosses your mind.

Females don't see sex the way males do. They don't think about it much at all. When they meet a guy, they think romantically, not sexually. They want a guy who will listen to them, value their thoughts and ideas, and care about them as a person. They are looking for an emotional connection with the promise of a lasting relationship.

Guys do a lot of talking and bragging about sex. But, many guys aren't comfortable with the pressure of being sexually active. By the way sex is shown on TV and in the movies, you would think that **all** guys want sex - any time, anywhere, from any girl. In fact, in a study of 500 teens, 55% of the boys who had sex wish they had waited.⁸

You know that when you are sexually active you risk STD infection and getting a girl pregnant. What you may not know is that it affects your ability to bond emotionally. It's like tape that is stuck to skin over and over and loses stickiness. If you hope to marry, your ability to emotionally bond with your mate is the key to a good and lasting marriage.

Abstinence until marriage isn't just for girls. Lots of guys are saying, "No" so that when they marry they will be disease free, kid free and emotionally healthy.



Resources

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2. Carlson, B., Human Embryology & Developmental Biology, Toronto: Mosby Publication; 3rd edition, 2004, p. 30.
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4. U.S. Food and Drug Administration, Consumer-Friendly Birth Control Information, <http://www.fda.gov/fdac/features/1997/conceptbi.html>, accessed on 10-23-08.
5. Centers for Disease Control and Prevention, 2006 Sexually Transmitted Disease Surveillance Report, found at: <http://www.cdc.gov/STD/stats06/pdf/trends2006.pdf>, accessed 7-13-09.
6. Centers for Disease Control and Prevention, National Center for HIV, STD and TB Prevention Division of Sexually Transmitted Diseases, Fact Sheets found at: <http://www.cdc.gov/std/general/>, accessed on 7-13-09.
7. Centers for Disease Control and Prevention, Trends in Reportable Sexually Transmitted Diseases in the United States, 2004 found at: <http://www.cdc.gov/STD/stats04/trends2004.htm>, accessed 7-13-09.
8. National Campaign to Prevent Teen Pregnancy, "Not Just Another Thing to Do: Teens Talk About Sex, Regret, and the Influence of Their Parents," Washington, DC, June 30, 2000, found at: http://www.thenationalcampaign.org/resources/pdf/pubs/NotJust_FINAL.pdf, accessed 7-13-09.

A Place For Women In Waipio

808-678-3991

Fact:

If you have sex with a girl who has not reached the age of consent, you are guilty of **statutory rape**, even if both of you were willing.



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what GUYS



Don't Know About

SEX

What, me Marry?

Have you ever thought about the kind of girl you want to marry? Would you want to describe her years later to people at your high school reunion like this:

"Yeah, she used to sleep with every guy that even looked at her twice, no wonder she has herpes. I should have known she'd go out on me after we were married. We're split up now."

Of course not. Every guy wants a wife who is beautiful, inside and out. A wife he can be proud of - the one who will raise his kids.



Marriage may not be on your mind right now but you probably have wondered who you will marry. You probably want a woman who will be faithful to you. What's the connection between sex now and a wife later? Every girl you have sex with will be somebody's wife! You should treat every girl you go out with the way you want other guys to treat your future wife.

Fact:
By age 35, 71% of males have married. Today, there are 58,000,000 married couples in the U.S.¹

The Partner Problem

Here is something to think about: When you have sex with someone, you are exposing yourself to all of the STD infections that their other sexual partners may have. And to the infections of the partners of those partners. And on and on back through many generations. The infection you get today may have come from a distant sexual partner of your current partner - someone you have never even met.

Fact:
When you have sex, 40 million to 250 million sperm are released. It takes exactly one to make a woman pregnant.²

Condoms

You've probably heard that condoms "protect" you from disease when you have sex - you know, "safe sex." The truth is, they are about as safe as hanging over a cliff with a frayed rope.



Condoms can't guarantee protection from any STD, or even from pregnancy.^{3,4} They can only **reduce** the risk of STDs. STD infection can occur in both males and females whether or not a condom is used.³ The only thing that protects you from all STDs and pregnancy is not having sex! Avoiding sex also means that you avoid the regrets that go along with it if you break up.

Fact:
Condoms cannot provide complete protection from any STD.³

It's Your Character

The whole question of premarital sex really boils down to a character issue - it's about **your** character. True, having premarital sex these days is dangerous. Your odds of getting a disease are very high. But, there is more to it than just that. Guys were designed to be far more than just sex machines.

A man of character **respects** women. He values a girl based on traits he appreciates in her. He doesn't see girls as "sex objects" as many guys do. Character in a guy means he will work hard now for something important to him in the future. That's what sexual character is all about. A guy with character knows that the self-control it takes now to say, "No" will have it's rewards in the future. You, too, can take this ability into a marriage. You will also have the knowledge that you are not bringing disease to your partner in marriage. And the truth is that the very best sex will always be with your wife, your friend, and your lover all rolled into one person you can cherish for a lifetime.

And what about STDs...

Every day, an average of 52,000 people are infected with an STD (sexually transmitted disease).⁵ So, if you have sex, you have a pretty good chance to get infected with one of the 25 or so sexually transmitted diseases. Here are some symptoms⁶ in men of a few common STDs:

► Chlamydia - discharge from the penis and burning with urination.
► Gonorrhea - pus from the urethra and burning upon urination
Sterility, scarring of the urethra and urinary tract problems.

► HIV/AIDS - Fever, sore throat, fatigue, swollen lymph glands, resulting in immune system breakdown, death.

► Genital Herpes - Lesions appear at the site of infection - periodic eruptions of painful blisters and ulcers anywhere on the body. Continuous outbreaks. Eventually may lead to hospitalization. Lifetime medication can be required.

► HPV Human Papilloma Virus - Wart-like genital growths. Can cause cancer of the penis and anus.

So someone must not be doing it right, right? I mean, if they just used "protection" this kind of thing wouldn't happen... maybe you better read this:

Fact:
Every single day, 52,000 people in the U.S. are infected with an STD, many are incurable, some bring death.⁵

Fact:
Once you are infected with an STD, you are up to 5 times more likely to become infected with HIV/AIDS when you have sex.⁷