

Girls want relationships. Guys want sex

Are you surprised?

Males and females look at each other in very different ways. Guys are wired for sex. They think about it a lot. When guys see girls in sexy, revealing clothes, their minds go immediately to sex. For most guys, it is their goal, something they compete for, something that other guys look up to them for when they "score".

Girls, on the other hand, look for a **relationship** with a guy. When a girl fantasizes about the perfect guy, he will be a friend - someone who will listen, really listen, to her. He will understand her feelings, defend her honor and cherish her for who she is. She wants someone who she can connect with emotionally more than physically. For girls, sex isn't the goal - it is just one part of a permanent, meaningful relationship.

A lot of guys, just to get sex, will do the talking and emotional connecting necessary to develop the relationship. Girls will give sex to get that meaningful relationship. Even when they don't like the act of sex, (which most teen girls don't) they will "do it" because they hope the guy will like them and develop a long-term relationship. But, it doesn't work that way. When sex becomes the focus of a relationship, the relationship itself stops growing. Sex, not emotional intimacy, becomes the goal of time spent together. Almost always, the couple breaks up. Then the girl moves to the next relationship, looking for emotional intimacy and it starts all over again...



Resources

1. National Campaign to Prevent Teen Pregnancy, "Not Just Another Thing to Do: Teens Talk About Sex, Regret, and the Influence of Their Parents," Washington, DC, June 30, 2000, found at: <http://www.thenationalcampaign.org/national-data/pdf/teenwant.pdf>, accessed 5-11-09.
2. Facts in Brief: Facts on American Teens' Sexual and Reproductive Health, The Alan Guttmacher Institute, 09/2006, found at: http://www.guttmacher.org/pubs/fb_ATSRH.html, accessed 5-11-09.
3. Carlson, B., Human Embryology & Developmental Biology, Toronto: Mosby Publication; 3rd edition, 2004, p. 30.
4. National Institute of Allergy and Infectious Diseases. Workshop Summary: Scientific Evidence on Condom Effectiveness for Sexually Transmitted Disease (STD) Prevention. Herndon, VA: Hyatt Dulles Airport, June 12-13, 2000.
5. Fact Sheet for Public Health Personnel, Male Latex Condoms and Sexually Transmitted Diseases, found at: <http://www.cdc.gov/nchstp/od/latex.htm>, accessed 5-11-09.
6. Centers for Disease Control and Prevention. Sexually Transmitted Diseases Surveillance, 2007, found at: <http://www.cdc.gov/std/stats/>, accessed 5-11-09.
7. Centers for Disease Control and Prevention, National Center for HIV, STD and TB Prevention Division of Sexually Transmitted Diseases, Fact Sheets found at: <http://www.cdc.gov/std/Chlamydia/STDFact-Chlamydia.htm> and <http://www.cdc.gov/std/STDFact-PID.htm>, accessed on 5-11-09.
8. Centers for Disease Control and Prevention, National Center for HIV, STD and TB Prevention, Division of Sexually Transmitted Diseases, STD Facts and Information: HIV/AIDS and STDs, May 2001, reviewed February 26, 2005, found at <http://www.cdc.gov/std/STDFact-STD&HIV.htm>, accessed 2-28-05.

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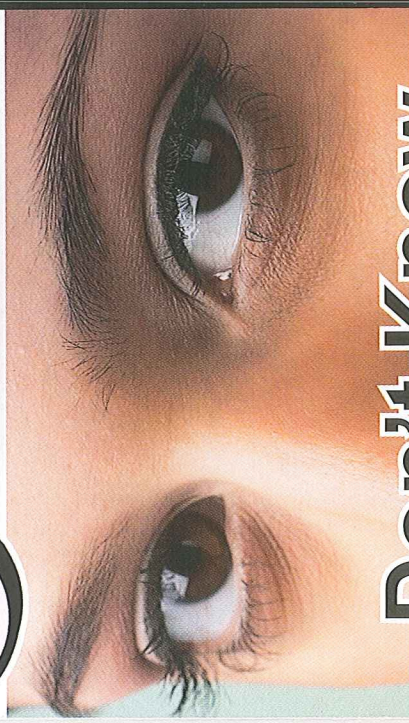
Fact:

Once you are infected with an STD, you are 2 to 5 times more likely to become infected with HIV/AIDS when you have sex.⁸



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what GIRLS



Don't know About

SEX

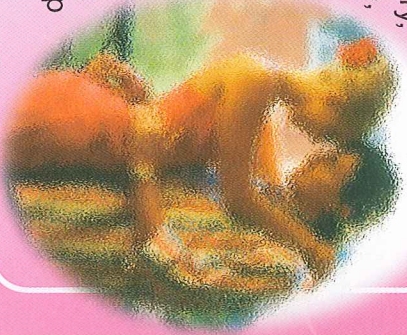
What a Girl Wants

Most girls see in their future an ideal marriage with the man of their dreams. Of course, he is handsome and buff. But more importantly he deeply cares for her and respects her feelings. He wants to be emotionally intimate with her, and sex is just one more way to show her that he feels that way. The trouble begins in the real world.

In an effort to get sex, boys may plead or bargain. They may threaten to end the relationship. Sometimes it's the other way around. Sometimes the girl goes out with a guy and immediately gives him sex hoping a relationship will follow. Either way, they end up losers and the relationship becomes about sex - not about two people getting to know each other.

A survey of 500 teens found that 72% (almost 3 out of 4) girls who had sex wished that they had waited.¹ Sex probably didn't turn out to be like it's shown on television or in the movies. Many girls find that they don't even enjoy sex. It wasn't romantic; it wasn't even fun.

When two people marry, they commit to love, honor and cherish each other. Sex is a part of this relationship, but it is not all of it. Sex is surrounded by the emotional connections that make it good. It is more than a physical act. It is part of a lasting relationship a girl dreams of!



Fact: Of the 18.9 million new cases of STDs (Sexually Transmitted Diseases) each year, nearly half occur among 15-24-year-olds.²

The Partner Problem

Here is something to think about: When you have sex with someone, you are exposing yourself to all of the STD infections that their other sexual partners may have. And to the infections of the partners of those partners. And on and on back through many generations. The infection you get today may have come from a distant sexual partner of your current partner - someone you have never even met.



Fact: When you have sex, the male releases 40 million to 250 million sperm. It takes exactly one to make a woman pregnant.³

Condoms

Condoms can't guarantee complete protection from any STD, or even from pregnancy.^{4,5} You've heard the saying, "Make sure you use protection." But Sexually Transmitted Diseases can and do occur in both males and females whether or not a condom is used.⁴ Why put yourself at risk? The only thing that positively protects you from all STDs and pregnancy is not having sex! And, when sex is not your main focus, the **relationship** will be the most important part.

When you break up (yes, most teen relationships break up) not only will you be 100% sure you don't have a disease, but you won't have regrets, either. After all, they don't make condoms for your heart.



Fact: 3 out of 4 teenage girls who had sex reported that they wish they had waited. Surprisingly, over half of teenage boys did too.¹

What a Girl doesn't want...

Every day, 52,000 people are infected with an STD (sexually transmitted disease).⁶ So, if you have sex, you have a pretty good chance to get infected with one of the 25 or so sexually transmitted diseases. Here are some symptoms⁷ in women of a few common STDs:

- **Chlamydia** - Few symptoms. Pain and/or vaginal discharge. Sterility. Advanced stage may require removal of uterus, tubes, and ovaries. Can cause PID with permanent damage.
- **Gonorrhea** - Few symptoms. Pelvic pain, painful urination and pus-like discharge. Sterility. Surgery in severe cases. Common cause of PID.
- **PID Pelvic Inflammatory Disease** - Often mistaken for menstrual cramps. Chlamydia and gonorrhea may lead to PID. Ectopic Pregnancy. Can be life-threatening. Sterility, & cancer common. Permanent damage to the reproductive organs.
- **HIV/AIDS** - Flu-like symptoms, swollen lymph glands, resulting in immune system breakdown, death.
- **Genital Herpes** - Lesions appear at the site of infection - periodic eruptions of painful blisters and ulcers anywhere on the body. Continuous outbreaks. May lead to hospitalization. Lifetime medication required.
- **HPV Human Papilloma Virus** - Some experience vulvar burning, itching and pain. Abnormal pap smears. Can develop into cervical cancer.



Fact: PID - One million new cases and 100,000 more women who can no longer have children every year.⁷



Fact: By age 30, 50% of sexually active women have had chlamydia which can lead to PID - Pelvic Inflammatory Disease.⁷